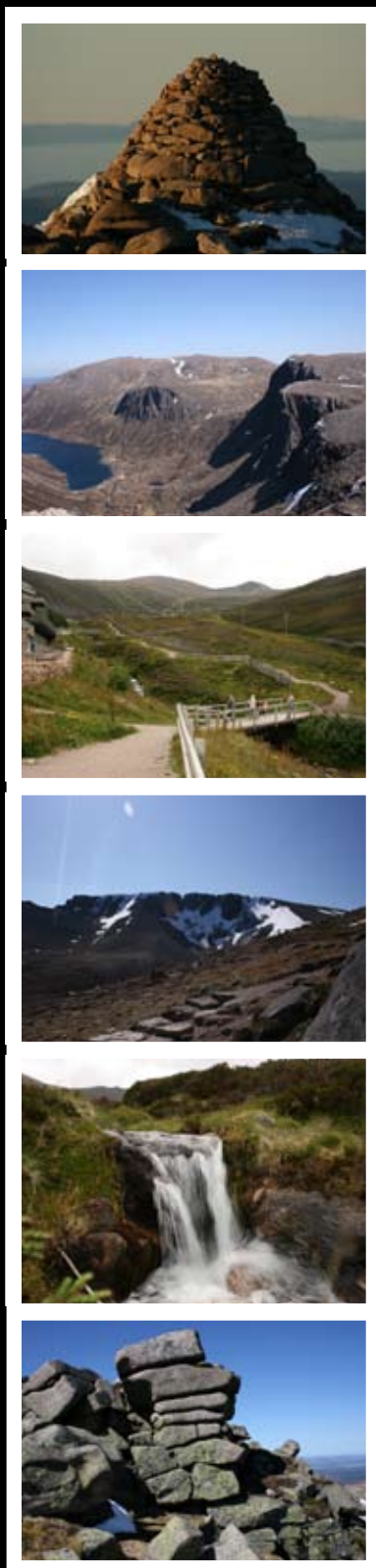




# WALKING IN THE CAIRNGORMS



The Cairngorms are a wonderful place to enjoy the scenery, the wildlife, the silence, the clean mountain air.

Thousands of years of erosion & glaciation have left a dramatic landscape of deep valleys, glacial corries, high plateau and vast glens. The Cairngorm Mountains is the largest area of high ground above 3000ft above sea level which give you an opportunity (when the weather is clear) to see some unprecedented views in all directions of the compass.

At Cairngorm, we have a variety of trails which start from the Car Park level with a variety of difficulty and access which include the Lower Cas Loop, Coire Cas Mountain Trail, All Abilities trail and the Mountain Garden.

More information about the trails can be sought from the Cairngorm Ranger Base where our team of mountain Rangers can advise you on the routes available and any other mountain information or advice that you require.

Why not join one of mountain Ranger's on a guided walk to Cairngorm, learning about life in a busy mountain area, see some of the wildlife and hear the stories of past and present. A programme will be available in Spring 2010.

For more information please contact the bookings desk 01479 861341 or through our online booking system.